

Study Skills Assessments
Alpha Learning Center

Student _____

Based the notes from IDA, Center for Research on Learning-CRL

	Date	Date	Date	Date
Metacognition for the Efficient Learner: What is my goal? What do I want to accomplish? What do I already know? What do I need to do? What resources do I need? What is my deadline?				
Self-Monitoring How am I doing? Do I need other resources? What else can I do?				
Self-Assessment Did I accomplish my goal? Was I on time? Was I efficient? What worked and why?				
Strategic Model Instruction I Acquisition-Knowledge Reading Comprehension: Visual Imagery Self-Questioning				
Strategic Model Instruction III Expression and Demonstration of Competence Writing and Test Taking: Sentence writing Paragraph Writing Theme Writing Test Taking Strategies				